

SPRING KARATE CLUB

THURSDAYS FROM 3 TO 4 PM

OPEN TO GRADES 2 - 8

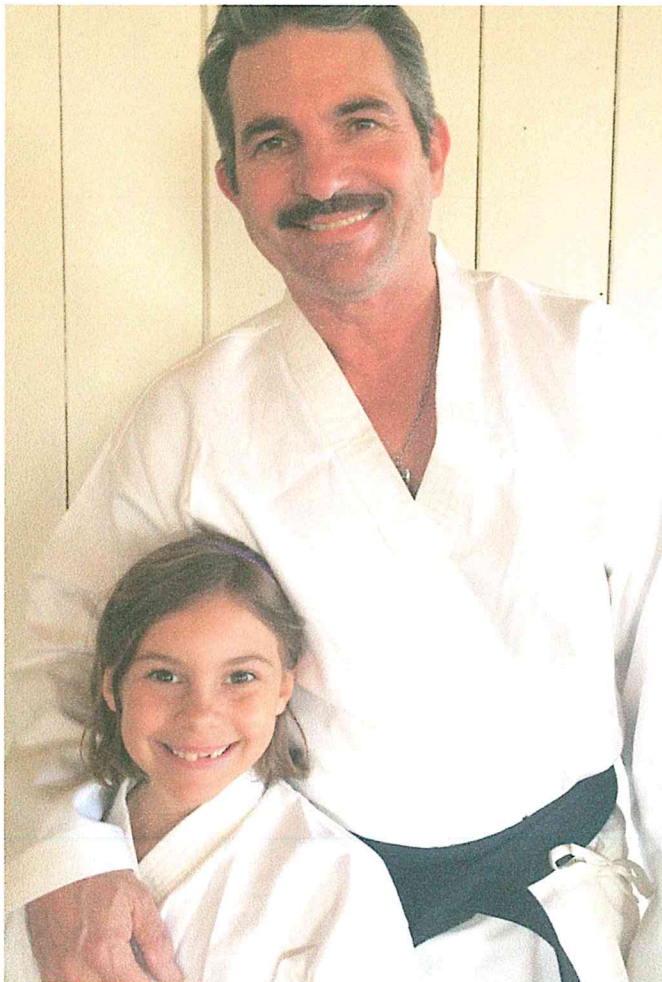
INTRODUCTION TO THE FUNDAMENTALS OF
TRADITIONAL, OKINAWAN KARATE

EMPHASIS ON BALANCE, COORDINATION, CONFIDENCE,
HUMILITY AND RESPECT

NO SPARRING OR AWARDING OF BELTS

\$85 INCLUDING KARATE UNIFORM

SIGN UPS JANUARY 5 - 8



Sensei Will Steiert is a black belt
in Chibana-ha Shorin-ryu Karate-do

Will has instructed at the
Rocklin Karate Academy

He has coached 4 seasons
for the Placerville and Tri City
Baseball Little Leagues

He also coached the 2012
(Champion) Franklin middle school
boys 8th Grade Volleyball Team

Will is an artist by trade, and father
of Famke, 2nd grader at Harvest Ridge