

NOVEMBER

17



Cost:

\$15 - Adult

\$10 - K-12 & Seniors

\$40 - Family Deal

Free - Kids under 5

All terrain joggers are allowed. Course is dirt trail. No pets allowed. T-shirts available to 1st 50 runners - \$5

5



THANKFUL

Foresthill High School

8am - 10am (Race Day Registration opens at 7am)

Come join our Cardio-Health students as they host a **5K Run** with an attitude of gratitude. Be prepared to be inspired by the natural beauty that surrounds you running on our tree lined course along with lots of uplifting reminders of what our community is thankful for.

Proceeds for this race will be used to fund PE/Cardio equipment at FHS!

Bib race with timer at start and finish - No timing chips available ~ Goal for 2019

INFO @ FORESTHILL.PUHSD.K12.CA.US